

SELF-SCORING PROFILE
OF MY THREEFOLD FLAME

Instructions:

1. Please rate yourself on each of the “Threefold Flame Characteristics” on the next page. You may use the following scale:

- 10 Always applies to me
- 7 Usually applies to me
- 5 Often applies to me
- 3 Occasionally applies to me
- 1 Rarely applies to me
- 0 Never applies to me

Suggestion:
 Try using the word or phrase in a sentence, qualifying it with one of the underlined words.
 “I am usually ‘reliable’ .”
 “I rarely have ‘perseverance’.”

If you prefer a more intuitive approach, simply pick any number between 0 and 10, with 0 being “never applies to me” and 10 being “always applies to me.”

2. Place your score for each characteristic in the table below. The numbers in the cells correspond to the numbers of the characteristic.
3. After you have scored each yourself on all 120 characteristic, add the scores in each column and put the total in the empty box at the bottom of the column.

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Threefold Flame Characteristics

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|--------------------------------|--|------------------------------|
| 1. aesthetic | 26. successful | 50. prudent |
| 2. industrious | 27. leadership | 51. realistic |
| 3. patient in pursuit of goals | 28. gracious | 52. artistic |
| 4. grateful | 29. productive | 53. independent |
| 5. responsible | 30. adventuresome | 54. imaginative |
| 6. mystical | 31. learn quickly | 55. unassuming |
| 7. analytical | 32. practical | 56. motivated |
| 8. initiating | 33. self-sacrificing | 57. generous |
| 9. sensitive of others | 34. visionary | 58. creative |
| 10. insightful | 35. humanitarian | 59. compassionate |
| 11. courteous | 36. right use of power in social and political context | 60. efficient |
| 12. determined | 37. warm-hearted | 61. nurturing |
| 13. family- and home-oriented | 38. detailed | 62. adaptable |
| 14. intuitive | 39. balanced | 63. strong desire to succeed |
| 15. courageous | 40. cooperative | 64. obedient |
| 16. personable | 41. strong sense of justice and fairness | 65. accountable |
| 17. straight-forward | 42. thorough | 66. inventive |
| 18. precise | 43. understanding | 67. idealistic |
| 19. meticulous | 44. peacemaker | 68. conscientious |
| 20. disciplined | 45. loyal | 69. caring |
| 21. outgoing | 46. make wise decisions | 70. articulate |
| 22. organized | 47. dependable | 71. gentle |
| 23. supportive | 48. punctual | 72. hard-working |
| 24. orderly | 49. service oriented | 73. devoted |
| 25. motherly | | 74. orderly |

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| 75. protective | 100. friendly |
| 76. tender | 101. forthright |
| 77. enthusiastic | 102. resourceful |
| 78. constructively critical | 103. moral |
| 79. communicative | 104. perseverance |
| 80. energetic | 105. trustworthy |
| 81. considerate | 106. impartial |
| 82. discernment | 107. dutiful |
| 83. optimistic | 108. serious |
| 84. competent | 109. passionate |
| 85. helpful | 110. mentoring |
| 86. sense of humor | 111. self-confident |
| 87. enterprising | 112. loving |
| 88. inclusive | 113. mission oriented |
| 89. pioneering | 114. thirsty for knowledge |
| 90. candid | 115. honest |
| 91. systematic | 116. assertive |
| 92. self-directed | 117. kind |
| 93. non-attached | 118. think and act quickly |
| 94. neat | 119. sociable |
| 95. magnanimous | 120. self-disciplined |
| 96. organized | |
| 97. joyful | |
| 98. versatile | |
| 99. self-control | |

Instructions (continued)

- Put the total score for each column in the appropriate box below.
- Add each group of 4 column scores together to find your score for each of the three plumes.

A	<input type="text"/>	B	<input type="text"/>	C	<input type="text"/>
D	<input type="text"/>	F	<input type="text"/>	E	<input type="text"/>
I	<input type="text"/>	G	<input type="text"/>	H	<input type="text"/>
K	<input type="text"/>	J	<input type="text"/>	L	<input type="text"/>
	<input type="text"/>		<input type="text"/>		<input type="text"/>
	PINK		YELLOW		BLUE

- Now plot your score for each plume on the graph on the next page according to the numerical scale on the left side. You may want to use pink, yellow and blue pencils or markers for the different plumes.

Remember: This is a self-scoring test and not necessarily an accurate, scientific measurement of the strengths of your individual Threefold Flame. The only value of this test is to show relative strengths of the plumes (i.e. relative to each other). Due to the subjective nature of the answers and each individual's inherent bias in scoring, your results will reflect the degree to which you are objectively able to "see yourself." You should be able to see which plume(s) you can work on to raise to the level of the others.

Please note that this test is for your personal use only.

SELF-SCORING PROFILE OF MY THREEFOLD FLAME

