

Healing Power of Sound - Handout

Part 1

Science of the Spoken Word-

- Prayer, Invocation, Fiat, Decree, Chants
- Today we will understand the power of music on you, your health and the health of the planet

Power of Sound through Music

- Music has the power to magnetize and to repel – can be used for good or evil
- According to studies, music has the power to affect us at the cellular level and beyond
- Due to the auditory nerves that are most widely distributed in our body, sound has the most extensive connections
- Plants respond to classical music (example of science project)
- Cows give more milk with Gregorian Chants (monks)
- Music profoundly affects health – emotions aroused by joyful music causes tissue in the inner lining of blood vessels to expand, increasing blood flow
- It also brings on sound sleep, boosts mood and reduces anxiety
- It helps children and adult learners with education

Sound affects matter

- Old Testament/Hindu Vedas – “In the beginning was the Word, and the Word was with God, and the Word was God.”
- Walls of Jericho came tumbling down
- Hans Jenny – scientist demonstrated the inner structure of sound
 - a) Material substances vibrated at particular frequencies of sound
 - b) Thin ten-inch square, steel plate on underside was device that made an audible sound called an oscillator
 - c) Pitch of sounds were made and sounds photographed
 - d) Sound, milk, yantra (identical to ancient Hindu drawing)
 - e) Sound waves often give way to sacred geometry – architecture, temples, churches, even pyramids

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Work of Dr. Masaru Emoto

- Research is pioneering work
- Confirms tremendous power of thought, prayer, emotions and written word upon matter
- Books: *The Hidden Messages of Water*, *Water Crystal Healing*
- Experimented with water, collecting it from different sources, freezing it, photographing it with the premise that water has the ability to encode various kinds of information
- 50 petri dishes used for one source of water in experiments – water unstable, similar conditions exhibit predictable patterns
- High speed photography of crystals
- Water exposed to written word on paper, music, prayer, computers, cell phones
- Snow crystals – solid substance with orderly configured atoms and molecules – no two alike
- Ascended master quote: “Snowflakes are actually miniature electronic crystals charged with Light’s transparent purity, perfection and joy. These snowflake thought forms are conceived in the hearts of the ascended masters and they carry a clarion recording of the Masters’ vibrations.”
- Experimental results –
 - a) Tokyo water – one hour after prayer crystal emitted brilliant energy with hexagonal structure and another one with in it. A crescent part in middle has a halo around it.
 - b) Lake Biwa largest lake in Japan – horrendous pollution, foul smelling and dirty water then 300 people gathered and intoned prayer – foul smell stopped for six months, beautiful crystal
 - c) Label – love/gratitude – beautiful structure
 - d) OM – beautiful structure – When you sound the OM it is like the mother’s voice. Your sounding of the OM is the call to God that says, “I AM coming home.” It lets God know that everything that you are, you are sending back to him with deepest and most intense love
 - e) Shiva – intricate structure
 - f) Crystals from excerpts of music – Symphony No. 6 I F Pastoral, Op. 68 – beautiful; Raindrop Prelude Op. 28 No. 15 Chopin – looks like a raindrop;
 - g) Other intricate and beautiful structures with music from Mozart Symphony #40 in G Minor; Bach’s Air from the G String; Mendelssohn’s “The Wedding March”, Schubert’s Ave Maria; Tchaikovsky’s Swan Lake; Edelweiss from “The Sound of Music,” Wagner’s “The Ride of the Valkyries”.

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- h) Vivaldi's Four Seasons – it appears as if the snowflakes are depicting the spring with flowers budding then then the summer where flowers are splendidly growing and then blooming
- i) Rock music – no crystal formation can be detected
- j) Elvis Presley's "Heartbreak Hotel" – heart formation in two segments broken in half. (also fans of Elvis screamed – represents tearing of the chakras)
- k) Heavy Metal music – crystals hexagonal structure has broken into pieces and not crystalline structure at all – just a cylindrical blob of water with no beauty or formation
- l) Labels – dirty, devil, demon, you fool, you make me sick, I'll kill you all were blobs of water
- m) Beautiful, angel labels were beautiful

Sound Toolbox

- Dynamic Force when sound is intoned – energy released
- Rhythm, Melody, Harmony is Trinity of Power, Wisdom and Love expressed
- 4/4 rhythm is release of Mother energy (i.e. Radetzky March)
- $\frac{3}{4}$ time is similar to beating of heart which is rhythm of of God (i.e. waltzes such as "Waltzing in the Sunset")
- 1950's reverse process happened – 4/4 was corrupted by syncopated beat of rock music or back beat due o secondary beats emphasized –uneven
- rock music is an addiction and moves energy in wrong direction down not up causing surplus of energy to release rather than store.
- Quote from Mrs. Prophet: "When this energy descends, it doesn't do so gently; it comes down violently. And as it descends, it tears the delicate membranes around the chakras where the spiritual Light is entering the central nervous system in the spine. So the energy of the spine is released in these little tears in the garment, in the sheaf of your inner being as it is released, it gives a sensation that you can experience as a "rush" or a "high." People say they don't need to take drugs because they get high on rock music. This is exactly true, because the Light of he sacred fire is very powerful; when it is released, there is a high. And so you get used to that release and you want to listen to more rock music. When you're not listening to it, there is an uncomfortability and you feel better when that energy is released through listening to the music again. So it becomes a cycle that you can't get out of easily.
- Bleeding of life-force – causes early aging, weakening of mind, chaos in the chakras and loss of concentration
- Jazz – adaptation of the voodoo beat – three count beat with emphasis on main beat that constantly shifts – perversion of the trinity

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Healing Power of Classical Music

- Sets up a spiral in home when played and counters discord in home or people
- Helps to eliminate negativity, gloom, disorder and chaos
- Establishes order in your house to have foundation for children to be neat, house clean, dishes done and makes joy
- Anyone who comes into your home and listens to it receives a spiral to his God Self or I AM Presence and Christ Self (and you, too!)
- Receives peace, bliss and blessing of an inspiration
- Children (example of math problem)
- Beethoven's 9th Symphony – Saint Germain (an ascended master) says, “No greater music of freedom has ever been written than the nine symphonies of Beethoven. It is important that your soul learn the symphonies and recognize the first to the ninth because the nine symphonies are degrees of initiations and there are nine degrees of initiations on the path of the Ruby Ray.”
- Other great composers: Bach, Vivaldi, Mozart, Schubert, Chopin, Handel, Haydn, Liszt, Brahms, Wagner, Mahler have enriched classical music to a level of mastery
- Another ascended master quote (Cuzco): “The music by Mahler has to do with earth changes and holding at bay major upheaval.” You may keep it playing in your house - Mahler's 8th, the finale
- Folk music, country music, bluegrass – true soul music calling the soul back to her original culture such as national music
- Celtic and Irish music
- Contemporary composer Morten Lauridsen “Shining Night”,
- Music from India known as Bhajans – devotional songs that have a lead voice who sings the song and then the response is to repeat by the devotee – masculine to feminine – continual building of consciousness and return flow – product of the union of divine exchange
- Discernment – Words are cups intended to channel light; Rhythm is upbeat and uplifting with the correct beat; watch for electronic synthesized instruments – hypnotic; also repeating melodies in your brain – hooks to capture your brain
- Antidote – Rosary, Hail Mary, Eastern Mantras, Violet Flame, Classical Music

Healing Your Body through Music

- Your body has 100 trillion cells in 70 percent water. With research on the vibration of our cells, researchers took high-quality microphones and began to collect the sounds of the cells.

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- Each cell is different
- If you were to collect all of these sounds and play them, you would have a symphony
- If there are discordant vibrations in the body, the body and mind will turn negative and a disease may manifest
- Emoto explains it scientifically, “Measure the wave form of the existing sound, shift its phase ninety degrees (that is, curving “down” where the original sound is curving “up”), and then play it alongside the original sound.” Distorted sounds are cancelled out and no sounds heard
- Correct music can potentially become the lifesavers for our cells. The right rhythm, tempo, tone, and melody can cancel out the distortion.
- Research is under way to have the exact vibrational rhythm corresponding to a certain organ or disease.
- Increase your IQ by up to 7 points in children and adults by playing a musical instrument – the brain architecture actually changes and it enhances cognitive skills

Part 2 – January 10, 2016 – Highlights include:

- How sound affects the chakras
- How to raise the light in your chakras
- Musical instruments correlate to each chakra
- How to purify the chakras
- Meditation for the expansion of the light of the seven chakras
- Keynotes of the Masters

Resources

1. *The Science of the Spoken Word*—Elizabeth Clare Prophet (book)
2. *The Power of Music to Create or Destroy*—Elizabeth Clare Prophet (DVD)
3. *Chakra Meditations and the Science of the Spoken Word* - Elizabeth Clare Prophet (CD)
4. *The Inner Working of Sound* – Scott and Valerie McBride (DVD)
5. *Music as a Magnet* – Robert and Linda Worobec (DVD)

Spiritual Tools

1. Classical Music by: Beethoven, Bach, Vivaldi, Mozart, Schubert, Chopin, Handel, Haydn, Liszt, Brahms, Wagner, and Mahler
2. *Sacred Songs from the Heart of India* – Produced by the Summit Lighthouse (CD)
3. *The Scriptural Rosaries and Evening Rosaries*
4. *The Hidden Messages of Water, Water Crystal Healing* by Dr. Emoto

How to Bless Your Drinking Water

Hold your glass in the left hand and place the right hand over the top of the glass, palm down. The left hand is the Omega, the receiver, which extracts impurities from the liquid. The right hand is the Alpha, the giver, with which you charge it with light as you give a simple prayer.

Ask in the name of your Mighty I AM Presence and Holy Christ Self for the liquid to be demagnetized of all toxins, pollutions, impurities and then charged with the light of God. Call to the angels to bless it with the specific healing properties you need for the healing of every cell and atom of your being of any negative condition, known or unknown. Call forth and visualize the violet flame charging that liquid and changing it into a violet flame elixir of light.

Mrs. Prophet's teaching sounding the sacred AUM (OM)

“AUM is the first sound and the last. All issued from it and all returns to it. This is why yogis have forever recognized it as the mantras of mantras. Perfect unity with AUM means perfect union with God. And this is the goal of all yoga, which means union. Perfect unity with the AUM means perfect love, perfect harmony, perfect truth, and perfect peace. These are qualities we of our free will summon and bring to the AUM.

When we breathe out the sacred fire breath in the AUM, our identity can be defined by any Elohim who hears that sound. As we know our mother's voice, so God knows the vibration of his children. Your sounding of the AUM is the call to God that says, "I am coming home." It lets God know that everything that you are, you are sending back to him with deepest and most intense love. The more love you feel, the more gratitude and joy when you sound the AUM, the more you are going to reach the far-off worlds, the farthest stars and even the Great Central Sun.” -Elizabeth Clare Prophet

