

“The Healing Power of Forgiveness and Prayer”

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The Healing Power of Prayer

- Science is catching up with what many people have known for years. Prayer works.

Prayer is the Beginning of Healing

- Mrs. Prophet tells us “Prayer is the beginning of all healing.”
- The body responds best to specific, directed prayer. Make a prayer card and write down your prayer.
- In autoimmune diseases, such as Lupus, the body turns the immune system upon itself to destroy its own healthy cells. The body behaves as if it can no longer distinguish between diseased and healthy cells or between foreign cells and its own cells.
- So if we want to be specific in our prayers for these kinds of illnesses, we can pray specifically in this way.
 - Pray for the replacing of the unhealthy cells with healthy ones.
 - Pray for the correction of the malfunctioning immune system so that it recognizes the unhealthy cells and leave the healthy ones alone.
 - Pray for the arresting and reversing of the disease itself.
 - Pray for the correction of the damage done.
- The more specific we are in our prayers for healing, the better the results.
 - Always ask for the removal of the cause, effect, record and memory of the disease.

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- Always ask for the dissolving of the cause and core of the disease, including any origin in this or past lives.
- We do not have to know exactly why we have an illness—we can learn the lessons of that illness and pray for our perfect healing as God wills.

The Divine Plan for Healing

- There is a divine plan for healing for each of us.
- That plan is held in the mind and heart of the Higher Self (the Holy Christ Self) under the direction of the great master physician Jesus.
- We need to pray that our Higher Self release into outer form and manifestation, the perfect divine plan for our perfect health and healing at all levels of our being.
- How can we do this? We need to pray and talk to our body.

You Can Speak to Your Body and the Disease in Your Body

- You can renew yourself daily because all of us are being reborn daily. Paul said “I die daily.” Meaning we are also reborn daily. (I Cor. 15:31).
- Your body is continually changing—cells are dying and being reborn every day.
- But we have old habit patterns. Our energies tend to fall into those patterns and to out-picture in the same old way.
- If we want change and healing, we must renew ourselves daily.
- You can greatly assist your body in this process of rebirth, by using prayer and positive affirmations.
- You are the captain of your ship and you can give the orders as long as those orders are according to God’s Holy Will.
- Therefore you can speak to your body and to the disease in the body.
- Your body is alive. It has intelligence. And it is waiting for your command.
- Jesus used the power of the command of the son of God whenever he healed.
- Likewise, you must command the cells in your body to obey the inner matrix, the divine plan of your Christ Self.

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- In the name of the Christ I command that my cells obey the inner matrix and divine plan under the direction of my Holy Christ Self.
- Here is an example of a command using the name of God I AM
 - I AM, I AM, I AM the Resurrection and the Life of Every Cell and Atom of My Four Lower Bodies Now Made Manifest!
- Your cells are self-renewing. They must be commanded to obey the matrix or pattern of your Christhood rather than the matrix of disease.
- In turn the pattern or matrix of disease must be broken.

Forgiveness and the Violet Flame to Break the Matrix of Disease

- A key to breaking the old matrix is the use of the violet flame.
- The Violet Flame goes to deep levels of one's being—the body, the heart, the mind, the soul and the spirit.
- The quality of forgiveness is a quality of the violet flame. The violet flame has the ability to allow us to forgive and forget.
- Forgiveness is an essential part of healing—yet often overlooked
- All healing also begins with forgiveness.
 - Jesus often forgave those whom he healed before he healed them.
 - “Thy sins be forgiven thee. Go and sin no more.”
 - Likewise we must forgive others, forgive ourselves, forgive God for allowing us to have an illness
- The Violet Flame transmutes the cause, effect, record and memory of disease.
 - The forgiveness decree from the Heart, Head and Hand [Decree 1.30.]
- Ask for the removal of all self-dislike, self-hatred or loathing and all subconscious momentums of guilt and shame.
 - The body is an obedient servant—if we send it love, it responds to love. If we tell the body it is unlovable it will out-picture what we ask the body to do.

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- You can maintain a vigil of daily prayer and meditation until God's will is fulfilled in you.
 - Healing takes time, it is an ongoing process of God-mastery.
 - It is a scientific action that you take with God, not a one-time event.
 - Healing often takes place from the inside to the outside—from the etheric, mental, and emotional bodies to the physical.
- Easter and days leading up to Easter are an ideal time to pray for healing.
 - During the Easter season, the resurrection flame of beloved Jesus passes through the earth body and all her evolutions with the renewing power of rejuvenation and resurrection.

Prayer is Effective—the Work of Dr. Larry Dossey

- The person who has probably done the most to promote the scientific study of prayer in healing is Dr. Larry Dossey.
- Initially a skeptic, he came across scientific studies documenting the effectiveness of prayer and came to the conclusion that he had to be willing to look at the facts, even though they did not fit with his preconceived ideas. ⁱ
- In his book *Prayer is Good Medicine*, Dr. Dossey says, "Prayer is back. After sitting on the sidelines for most of this century, prayer is moving towards center stage in modern medicine. Doctors are taking prayer not just into their offices, clinics, and hospitals, but into experimental laboratories as well."ⁱⁱ
- And they are getting results. Statistically speaking, prayer is effective. More and more controlled laboratory experiments show that prayer can bring about measurable changes.
- One widely-publicized experiment by cardiologist Randolph Byrd showed that patients in a coronary-care unit who were prayed for did significantly better than those who were not prayed for. They had fewer complications and needed less medication.
- Dossey's comment on the study was, "If the technique being studied had been a new drug or a surgical procedure instead of prayer, it would almost certainly have been heralded as some sort of breakthrough."ⁱⁱⁱ

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- Sometimes people do not know how to pray or they think that their prayers are not effective. Here are some simple keys in praying for healing.
 - Prayer is the language of the soul.
 - It is simply conversation with God—one communes with him and listens to his answers.
 - Have the humble attitude of a child towards a loving father or mother. Talk in your own words. Ask for his will in your life.
 - Studies have shown that a key factor in the effectiveness of prayer seems to be the love, not the religion that accompanies it. Pray with love.
 - Ask for your prayer to be adjusted to the will of God. Say “Not my will but thine, be done.”

Get Your Prayer Team Going

- Have a prayer team—souls who knew how to pray scientifically with visualization.
- The combination of prayer and visualization is very effective.
- Visualize violet light and healing green light entering the body and dissolving the illness, restoring everything back to its original plan and order.
- Visualize blue for protection of the healthy cells in my body and violet for change and transformation.
- Place your hands on the treatment and prayover them.

The Correlation of the Chakras to the Parts the Body

- The chakras are intimately connected to the health and vitality of the organs and parts of the body associated with them.
- It is good to know which chakra correlates to the part of the body that is ill.

Review Chakras and the Flow of Light in the Body

- The soul clothed in the four lower bodies is connected to the Higher Self by the stream of light that can be seen in the Chart of Your Divine Self.
- This thread of contact is known as the silver cord or the crystal cord. It is over this connection that we receive the light and energy of our Higher Self.

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- The crystal cord is anchored in the body in the heart center.
- This energy is distributed throughout the body via a network of spiritual centers known as chakras (a Sanskrit term for “wheel” or “disk”).
- These chakras are like internal step-down transformers that regulate the flow of energy to different parts of your body.
- The seven major chakras are positioned along the spinal column from the base of the spine to the crown.
- Each chakra is a sending and receiving station for the particular quality of energy associated with that chakra. (For example, the quality expressed through the heart chakra is love.)
- The chakras serve as transformers for stepping down the frequencies of God’s energy and for the release of the four cosmic forces—fire, air, water and earth—in the planes of Spirit and Matter.
- The seven major chakras are conductors for the flow of energy to the other 130 chakras which also anchor the light of God.
- These spiritual centers are not static points of light but dynamic energy centers that constantly take in and send out spiritual light and energy.
- These centers can look different in different people, depending on past and present use of energy and the spiritual development of the individual.
- The chakras go through an evolutionary process as we develop spiritually. They range from small and dormant to fully awakened, a stage where they emit much light.
- The chakras are the primary centers of the network of energy flow through the body that is used in many alternative healing techniques. We can also work with the chakras in healing.

Correlation of the Chakras and the Organ Systems

Each of the Seven Chakras has an effect on the neighboring organs

1. The crown chakra affects the brain and the central nervous system as well as the functioning of the mind.

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2. The third eye affects the vision, both physical and spiritual. It includes the brainstem, cerebellum, inner ear and eyes
3. The throat chakra affects the thyroid and thymus glands (the power and the immune systems of the body) the tongue, mouth, pharynx, larynx and vocal chords, the power of speech
4. The heart chakra affects the physical heart, circulatory system, the lungs, lymphatic system, thymus gland, breasts, and esophagus
5. The solar plexus affects the organs such as the pancreas, liver, gall bladder, spleen, diaphragm, stomach, duodenum, kidney, adrenal glands
6. The seat of the soul affects small intestine, appendix, large intestine, spleen and the reproductive organs
 - [Reproductive organs are on both the seat-of-the-soul and the base-of-the-spine chakras]
7. The base of the spine has to do with the bladder, intestines, rectum, the genitals, ovaries, prostate, adrenals and kidneys

Chakras and Endocrine Glands

Each chakra also has one endocrine gland that is its anchor point in the physical body
[Keys to the Kingdom]

- | | |
|---------------------|-------------------------------------------|
| ○ Crown | Pineal gland—deep in the brain |
| ○ Third Eye | Pituitary—the conductor of the endocrines |
| ○ Throat | Thyroid—the power center for the body |
| ○ Heart | Heart—our most important organ |
| ○ Solar Plexus | Pancreas—tied to the emotions |
| ○ Seat of the Soul | Ovaries or Prostate—the seed |
| ○ Base of the Spine | Genitals—concerned with procreation |
- When praying for a person with a particular illness, make calls on the flow of light to the affected chakra.

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- You can also direct the light by using the rays in your hands to direct light to the chakras and organs.
 - Place your left hand to your heart and your right hand above the chakra Say “my crown chakra is a chakra of violet fire, my crown chakra is the purity God desires.”
- Use the mantras in *Your Seven Energy Centers* or the decree book.

RESOURCES:

1. *Prayer is Good Medicine: How to Reap the Healing Benefits of Prayer* Dr. Larry Dossey
2. *Healing Words: The Power of Prayer and the Practice of Medicine* Dr. Larry Dossey
3. *The Science of the Spoken Word*, Mark and Elizabeth Clare Prophet
4. *Keys to the Kingdom* Elizabeth Clare Prophet
5. *Your Seven Energy Centers* Elizabeth Clare Prophet and Patricia Spadaro Yorwerth
6. *A Journey Through Cancer* by Dr Neroli Duffy www.journeythroughcancer.org

ⁱ Larry Dossey, *Healing Words: The Power of Prayer and the Practice of Medicine* (San Francisco: HarperSanFrancisco, 1993), p. xviii.

ⁱⁱ Larry Dossey, *Prayer Is Good Medicine: How to Reap the Healing Benefits of Prayer* (San Francisco: HarperSanFrancisco, 1996), pp. 1–2.

ⁱⁱⁱ Dossey, *Healing Words*, p. 180.