

### **“Light is the Source of Our Healing”**

1. Spirituality versus Disease
2. The Four Lower Bodies and Spiritual Centers or Chakras
3. Our Spiritual Anatomy
4. How Light is Delivered to the Body
5. The Fifth Ray of Healing

#### Spirituality versus Disease

- The masters are not so concerned with our physical healing as they are with each of us obtaining wholeness.
  - The world sees us as physical bodies evolving towards death.
  - The ascended masters see us as beings of light, evolving towards the light.
- Illness can occur because we ignore the laws of life and the laws that govern our body and its healthy functioning.
- Pain, illness and disease are teachers.
- Illness occurs when there is a disturbance to the flow of light in the body.
- The word “disease” means dis-ease, a state of the lack of ease in the body.
- If the light is flowing appropriately in the body there is no illness.
  - Saint Germain says “When your individual worlds are in order, just as when your four lower bodies are in order and harmony, perfect healing manifests.” Pearls of Wisdom Vol. 58 No 1 January 1, 2015 Dictation July 2, 1960.
- All means of healing is simply a means of delivering light to the body.

#### Four Lower Bodies:

- Our four lower bodies are sheaths or envelopes that surround our soul and our spirit.
- They form the four sides of our pyramid of being.
  - Physical body

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- Mental body
  - Emotional body
  - Etheric or spiritual body
- We are intended to develop mastery over our thoughts and feelings and our spirituality
  - Illness or disease begins in the etheric body and cycles through the mental and the emotional into the physical. There is a period of time when we may be able to turn it back before it hits the physical.
  - So when we want healing we need to pay attention to all of the four bodies. When it comes to our physical body—it can be things such as diet, supplements, exercise, yoga, medicine, treatments etc.
  - We also need to pay attention to our spiritual life in the etheric body, our thoughts in the mental body, our feelings and desires in the emotional body.

### Chakras or Spiritual Centers

- Chakras are discs or wheels of light that are aligned along the spinal column
- If the chakras are clogged or not functioning properly or there is not the correct flow of light between the chakras, then the organs that are related to the chakras, do not function properly.

### Our Spiritual Anatomy

- The Chart of Your Divine Self.
- We have a higher self which consists of the I AM Presence and the Holy Christ Self
- The Holy Christ Self is the mediator between the God in us and the God that we are becoming—our inner guide and teacher, the inner Christ or inner Buddha, the still small voice that speaks within our heart—telling us right from wrong.
- Our Christ Self will guide us if we listen. This is an important key in healing. If we want healing we need to start listening to the inner voice.

### How is Light Delivered to the Body?

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- From the I AM Presence light flows down the crystal cord to the heart of the Holy Christ Self
- The light then flows through the crown chakra at the top of the head into the heart chakra in the center of our chest cavity.
- It sustains our heart beat and our spiritual centers
- From here it is distributed to the other spiritual centers and along the nerve and energy channels or meridians to the entire body

### The Fifth Ray of Healing

- There are seven color rays. The ray of healing is the fifth ray of brilliant emerald green.
- Every master in heaven is a healer
  - Jesus is the great physician.
  - The principle healing master is Hilarion, Lord or Chohan of the Fifth ray
  - The healing angels are Archangel Raphael and Mother Mary.
  - Raphael tells us that his angels are advanced healers and they use laser technology to bring healing to the cells and organs of the body at a microscopic level.
  - The seraphim are also great healers.
  - You can call to them and ask them to help you with your healing.
- Heaven respects free will. We have to ask in order to have angelic intercession.
- Experiment with the specific healing green decrees